# Painting the Contemporary Still Life in Oils with Michelle Chrisman

#### Palette -

Plastic box palette by Masterson that seals well. Have 1/8" piece of glass cut to fit snug inside this box, edge to edge Paint scraper for cleaning glass Paper Palettes are OK.

#### Paint colors -

Titanium White (large tube)
Cadmium Yellow
Cadmium Orange
Cadmium Red Light
Alizarin Crimson
Ultramarine Blue

Thalo Green

Suggested additional colors (optional):

Sevres Blue by Rembrandt

Lemon Yellow

Any Pinks

Permanent Green Light

Indian Yellow (by Gamblin only)

Transparent Orange (by Gamblin only)

Permanent Magenta

Any purple, and any of YOUR favorites!

# **Mediums** -

Gamsol

Lidded Jar- a painting jar with a lid and screen inside for pigments to drain through.

Res-n-gel by Weber: Medium drying extender gel & paint unifier.

Gamblin Galkid Gel-In Tube; for immediate quick-dry under-painting & glazing.

# Supports -

Paint boards, Gesso or Canvas panels.

Bring a variety of sizes and shapes. We will do 1-2 paintings per class.

You are welcome to paint in any size:  $16'' \times 20''$ ,  $18'' \times 24''$ , and some smaller panels for quick studies, like  $6'' \times 8''$ ,  $8'' \times 10''$ ,  $9'' \times 12''$ .

#### **Brushes** -

Use flats and/or brights only: 1/4" wide,1/2" wide & 1" wide (brushes vary according to brand). No small brushes. The key is to paint with the biggest brush possible for the job.

# Palette Knife -

ONLY USE the RGM PLUS #11, Italy- knife with tapered, slightly rounded end. Both for mixing colors & painting

# Other Essentials -

Painting Gloves: *Nitrile* purple non-latex gloves (from Walgreens or ACE) to protect skin from materials. Viva paper towel and small trash bags. ONLY buy Viva brand.

Pizza Boxes-for taking home your loveliest wet paintings.

Michelle's Cell: 575-613-0443 EMAIL: mpchrisman@earthlink.net