Materials List for
Capturing Realism in the Still Life
with Sarah Siltala

Oil Painting Material List
Support:
Masonite with four coats of acrylic gesso or Gessobord by Ampersand with two coats of
acrylic gesso
Two 11x14
*do not bring canvas

Paint:
This palette has a mix of transparent and opaque color necessary
for this class.
White, lead or titanium
Cad yellow medium
Indian Yellow
Yellow Ochre
Venetian Red
Cad red medium
Alizarin Crimson permanent
Burnt Umber
Raw Umber
Ultramarine Blue
Cerulean blue
Viridian
Chrome Oxide Green

Brushes:
Soft synthetic flats (Taklon), full set size 0-10
Soft synthetic rounds (Taklon), small
Bristle Bright sz 4 (for special effects)
Large fluffy round soft hair brush for blending (Loew Cornell Maxine Thomas Mop-large
&amp; medium)
Liquin, and small lidded jar.
Gamsol in one small lidded jar and one larger jar for cleaning up.
Palette
Paper towels
Palette knife, 2” slender
Ruler
Shadow box:
Rechargeable clip on reading lamp, (I use Ecologic Mart One Arm WARM light rechargeable
reading lamp, available on amazon)
Cardboard box to comfortably house your still life subjects
Drawing supply list:
Drawing/sketch paper in the same size (11x14) or larger than your painting panel
Drawing pencils, 2h, 2b, 4b, 6b
factis eraser, factis pen-style eraser

Still life material:

Bring your favorite colorful fruit, veggies and round ceramic forms to create a still life.
Fake fruit lasts longer than real fruit.
Please write me with any questions: sarahsiltala@gmail.com